

Psalm 103 - פרק קג

א לְדָוִד | בְּרַכֵּי נַפְשִׁי אֶת־ד' וְכָל־קִרְבֵי אֶת־שֵׁם קִדְשׁוֹ:

1. [A Psalm] of David. My soul, bless Adoniye; and all that is within me [bless] His holy Name.

ב בְּרַכֵּי נַפְשִׁי אֶת־ד' וְאַל־תִּשְׁכַּחַי כָּל־גְּמוּלוֹ:

2. My soul, bless Adoniye; and forget not all His beneficial deeds.

ג הַסֵּלַח לְכָל־עֲוֹנוֹכִי הַרְפָּא לְכָל־תַּחֲלָאוֹכִי:

3. Who forgives all your iniquity, who heals all your diseases.

ד הַגּוֹאֵל מִשַׁחַת חַיִּיכִי הַמְעִטְרֵכִי חֶסֶד וְרַחֲמִים:

4. Who redeems your life from destruction, Who crowns you with kindness and compassion.

ה הַמְשַׁבֵּעַ בְּטוֹב עֵדֶיךָ תִּתְחַדֵּשׁ כַּנְּשֹׂר נְעוּרֵיכִי:

5. Who satisfies your mouth with goodness, that it renews itself like the eagle—your youth.

ו עֲשֵׂה צְדָקוֹת ד' וּמִשְׁפָּטִים לְכָל־עֲשׂוּקִים:

6. Adoniye does deeds of righteousness, and deeds of justice to all the oppressed.

ז יוֹדִיעַ דְּרָכָיו לְמִשְׁה לְבָנֵי יִשְׂרָאֵל עַל־לוֹתָיו:

7. He made known His ways to Moses, to the children of Israel, His deeds.

ח רחום וחנון ד' ארך אפים ורב חסד:

8. Compassionate and gracious is Adoniye, slow in anger and abundant in kindness.

ט לא לנצח יריב ולא לעולם יטור:

9. Not always will He contend [with us], and not forever will He keep ill will.

י לא כחטאינו עשה לנו ולא כעונותינו גמל עלינו:

10. Not according to our sins has He treated us, and not according to our iniquities has He dealt with us.

יא כי כגבה שמים על הארץ גבר חסדו על יראיו:

11. For as high as heaven is above the earth, has His kindness been strengthened toward those who fear Him.

יב כרחק מזרח ממערב הרחיק ממנו את פשעינו:

12. As far as the east is from the west, so far has He removed from us our transgressions.

יג כרחם אב על בנים רחם ד' על יראיו:

13. As a father has compassion upon [his] children, so has Adoniye compassion upon those who fear Him.

יד כִּי הוּא יָדַע יִצְרָנוּ זָכוֹר כִּי-עָפָר אֲנַחְנוּ:

14. For He knows our nature, He is mindful that we are but dust.

טו אָנוּשׁ כְּחֶצִיר יָמָיו כְּצִיץ הַשָּׂדֶה כֵּן יִצְיָץ:

15. As for man, his days are as grass; as a flower of the field, so he flourishes.

טז כִּי רוּחַ עֲבָרָה-בּוֹ וְאֵינָנוּ וְלֹא-יִפְרָנוּ עוֹד מְקוֹמוֹ:

16. If a deathly wind passes over him, he is gone, and his place knows him no more.

יז וְחֶסֶד ד' | מְעוֹלָם וְעַד-עוֹלָם עַל-יִרְאָיו וְצַדִּיקָתוֹ לְבָנֵי בָנִים:

17. But the kindness of Adoniye is from everlasting to everlasting upon those who fear Him, and His righteousness unto children's children.

יח לְשִׁמְרֵי בְרִיתוֹ וְלִזְכָּרֵי פְקֻדָּיו לַעֲשׂוֹתָם:

18. To those who preserve His covenant, and to those who remember His precepts to do them.

יט ד' בְּשָׁמַיִם הֵכִין כִּסְאוֹ וּמַלְכוּתוֹ בְּכֹל מְשָׁלָה:

19. Adoniye has established His throne in heaven, [but] His dominion rules over all.

כ בְּרַכּוּ ד' מַלְאָכָיו גְּבֻרֵי כַח עֲשֵׂי דְבָרוֹ לְשִׁמְעַע בְּקוֹל דְּבָרוֹ:

20. Bless Adoniye, His angels, mighty in strength who fulfill His word, to hearken to the voice of His word.

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כא רְבוּד' כָּל-צְבָאֵי מְשָׁרְתָיו עֹשֵׂי רְצוֹנוֹ:

21. Bless Adoniye, all His hosts, His servants who do His will.

כב בְּרַכּוּ ד' | כָּל-מַעֲשָׂיו בְּכָל-מְקוֹמוֹת מְמִשְׁלָתוֹ בְּרַכֵּי נַפְשִׁי אֶת-ד':

22. Bless Adoniye, all His works, in all places of His dominion; my soul, bless Adoniye.